

Allergies, ADHD, Autism, Learning Delay, or Chronic Illness?

Find out how Integrative Healthcare that includes biomedicine, allied therapies and neuro-development treats the whole person and helps a child reach their full potential.

Allergies and nutritional deficiencies are often misdiagnosed as ADHD or behavioural disorders. Chronic infections often reoccur until germs are accurately identified and treated. The metabolic-immunologic-neurologic-digestive systems are all closely linked and require an integrative approach to achieve optimal mental and physical health. Treating underlying causes reduces the need for treating symptoms with antibiotics, psychostimulants, histamines, puffers, cortisone cream and surgery.

More importantly, an integrative approach can help prevent disease.



Integrative Solutions

Central Coast, October 25, 2008

Would you ask a child with a broken leg to run faster? Asking a child with ADHD or learning delay to sit still or study harder is equivalent if there is an underlying medical condition.

Nutritional deficiencies, infections and toxicity of heavy metals and chemicals are behind the alarming rise in childhood disorders.*

Integrating biomedicine (digestive health, diet, nutritional medicine, and detoxing) along with other therapies can greatly improve outcomes. The key is an individualised approach by a trained practitioner.

* Dr. Kenneth Bock, *Healing The New Childhood Epidemics*

Integrative care can help treat a wide range of symptoms that include;

ADHD
allergies
Asthma
Autism
anxiety
bedwetting
behavioural issues
chronic infections
depression
digestive disorder
dyslexia
dyspraxia
eczema
food sensitivities
memory recall
motor coordination
reflux
sleeplessness
stinky breath

Did you know?

- 1 in 165 US, 1 in 150 UK and 1 in 120 Australian children are diagnosed with Autism?*
- ADHD, allergies, autism, asthma often share an underlying chemistry characterized by nutrient deficiencies, infections, and toxicity.**
- 70% of the neurotransmitters in your brain are also in your gut
- A healthy diet is not adequate if the gastro intestinal tract is not properly absorbing nutrients.
- Antibiotics, "the pill", refined carbohydrates, lack of breast-feeding, heavy metals and chemicals all disrupt the microbe balance of the GI tract which can lead to gut & immune disorders and nutritional deficiencies.
- Seemingly healthy foods like milk, bread, soy, egg and corn can adversely affect concentration, behaviour and immunity in a person struggling with digestive disorder, intolerances or allergies.
- Nutritional deficiencies can cause ADHD, allergies, eczema, asthma, speech issues, sleeplessness, hyperactivity, chronic fatigue, poor concentration, chronic illness and more.
- Most modern disease including ADHD, autism, allergies, asthma, cancer and heart disease are characterised by toxicity driving oxidative stress driving inflammation.*** Removing toxins and boosting nutrient levels are a preventative measure.

* US CDC, UK Dept Health

** Dr. Kenneth Bock, *Healing The New Childhood Epidemics*

*** Dr. S. Baker, *Detoxification & Healing*

Event Details

Time: 9am - 1pm

Date: Saturday October 25, 2008

Place: Erina Centre, Erina Fair, Erina

Cost: \$45/person

[Click here to register now!](#)

Metabolic
Immuno
Neurological
Digestive
Disorders

Key Note Speakers

Biomedicine **Nicole Avard**

Since attending her first MINDD conference in 2006, Dr. Avard has been especially interested in allergies, intolerances and nutritional deficiencies being misdiagnosed as attention or behavioural disorders. *Dr. Avard has trained with Defeat Autism Now! and Pfeiffer and is currently practicing at Invitation to Health, an integrative family practice in Wyoming.*



Naturopathy **Frances Dalton** BHSc (Nat.)

Emerging evidence implicates toxicity and resulting mitochondrial (cellular metabolism) dysfunction as contributing factors in Autism. Frances Dalton will discuss her experience with the Sichel Protocol in effectively treating toxicity, gut issues and immune dysfunction in neuro-developmental disorders. *Frances Dalton is a Naturopath, Herbalist & Nutritionist. She has done extensive post-graduate study in the biomedical treatment of children within the ASD spectrum and runs a practice in Hornsby.*

Osteopathy **Wally Johnston**

Muscular-skeletal misalignments can cause interferences to the central nervous system and that may impact on learning and development. Toxicity and digestive disorders are often driving these misalignments. A well-coordinated team approach can effectively address these overlapping issues. *Wally Johnston is an Osteopath with over 20 years treating children with neuro-developmental issues on the Central Coast. He is also a leader in pushing for collaboration among practitioners.*

Behavioural Optometry

Sue Larter (BOptom MSc FACBO FCOVD)

Visual processing plays a pivotal role in supporting language and literacy as well as athletic performance. Identifying and treating mechanical and cognitive deficits can greatly support learning. *Sue Larter is a leader in Behavioural Optometry and Integrative Care for neuro-developmental disorders. She is a partner in Thompson, Larter & Lee Associates in Pennant Hills.*

Neuro-Therapies **Ondrej Bursik, Kines**

A range of drug-free neuro-therapies can support language and literacy. Neurofeedback, Sound Therapy, energy work and integration of Primitive Reflexes can all help with attention and learning issues. *Ondrej Bursik is the Principal of the College of Complementary Medicine and runs the Optimal Learning Clinic in Hornsby.*

Upcoming Mindd Events Sydney 2008

Allergy Elimination

Matthew Bourke
13 August
Bondi Jcn, NSW

Healing Foods

Sandra Ramacher
10 September
Bondi Jcn, NSW

Social Skills

Anca Ramsden
15 October
Bondi Junction

**Visit www.mindd.org or call
02 9337 3600
for more information.**

Biomedical Intervention

Dr. Robyn Cosford
11 November
Bondi Junction

Integrative Solutions

10 Lectures
15-16 November
Darling Harbour

Learning Strategies

Jim Hoosan
10 December
Bondi Junction

Mindd Foundation is a non-profit
Health Promotion Trust.

Mindd International Conference 7 March, 2009 Melbourne

Integrative Solutions for childhood auto-immune disease (ADHD, Autism, allergies, asthma, infections and more) from world experts Paul Shattock & Dr. Woody McGinnis, along with Australian experts in biomedicine, neuro-psychology, diet and neuro-therapies. The Sebel, Albert Park.

Mindd International Seminar On Children 16-19 May 2009 Sydney

- Lectures from world leaders in Integrative Health Care will educate parents and train professionals on effective treatments for Autism, ADHD, allergies, asthma & learning delay (May 16-17)
- A public expo will present dozens of products and services to help develop a healthy and happy child (May 16-17)
- Physicians training on biomedical intervention will focus on assessing and treating the individual and will be lead and accredited by Defeat Autism Now!* (May 18-19).

* The American Academy of Pediatricians is working with DAN! to research and promote effective treatments for Autism Spectrum Disorders.

RACGP QA & CPD points

Registration Form

Time: 9am - 1pm

Date: Saturday, October 25, 2008

Place: Erina Centre, Erina Fair, Erina

Cost: \$45/person

To reserve a place please pay via credit card at www.mindd.org/Events/Australia or mail this form with bank draft or money order to:

**Mindd Foundation Pty Ltd
PO Box 151, Vaucluse NSW 2030**

Visit www.mindd.org for cancellation terms & conditions.

Integrative Solutions

First name _____ Last name _____

Address _____

Email _____

Phone () _____ Fax () _____

Please tick your area of expertise:

- Parent/guardian Paediatrician Speech/language
 Practitioner (please specify) Other (Please specify)

Do you have specific questions? _____

Where did you hear about our events?

- E-flyer Print Ad Practitioner Radio Friend
 Print flyer (Where did you find it?) Other (Please specify)